# **Co-operative** flexible benefits

Delivered by The Midcounties Co-operative

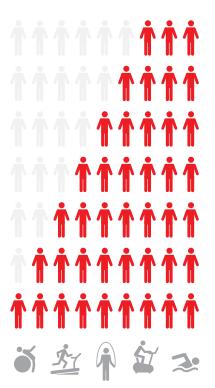
# are pleased to introduce Corporate Discounted Gym Memberships



SUPPORT THE HEALTH AND WELLBEING OF YOUR PEOPLE



**WORE PEOPLE GET INVOLVED** 



WIDER CHOICE

### WHY SHOULD YOU LET US HELP?

Our gym network helps busy HR and Reward teams engage with employees on the health benefits of a more active lifestyle and offer a choice of gyms to suit all.

- ▶ savings are available with c.2900 national health clubs, leisure centres, yoga studios, bootcamps, budget gyms, independent clubs and more!
- ▶ Support the health and wellbeing of your people
- ▶ look after everyone, irrespective of location, income or preference
- ▶ offer savings to those who already have a gym membership
- ▲ allow your employees' partner access to the saving too
- reduce the burden and admin by contracting with one company but get all the savings
- ▶ If we're missing something an employee wants, they can submit the details for inclusion

## **END RESULT**

MORE CHOICE = MORE PEOPLE FIND SOMETHING THEY LIKE = MORE ENGAGEMENT





#### **MY GYM DISCOUNTS**

My Gym Discounts is a self-paid gym membership scheme with the employee paying the club direct. It is a perfect fit for a voluntary benefit scheme.

Discounts are available on a variety of contracts, meaning employees don't necessarily need to commit to a 12month agreement. Quite simply, a voucher is downloaded from our website and exchanged for a discount at the gym.

In addition we have an array of extras which allows employees to make further savings on days out, activity holidays, fitness devices, golfing green fees and more.

#### GYMFLEX

GymFlex is a salary sacrifice scheme, with the company paying for the annual gym membership and adjusting salaries accordingly. You may also run this as a net pay scheme if desired.

The employee benefits from the discounted "paid up front annual corporate rate" plus any additional national insurance savings.

Membership options are viewed and selected via the GymFlex website. You choose the frequency of the enrolment windows (annual, quarterly or anytime), but keep in mind all memberships are for 12 months.



#### **THE SAVINGS**

My Gym Discounts provides an average saving of 15% off the monthly membership fee, whereas GymFlex savings can be up to 40%.

#### **MANAGEMENT INFORMATION**

It's important to us that you know how well the scheme is doing, that's why we're happy to provide information on the usage and ensure your account manager holds regular reviews to assess everything with you.

#### **PROMOTING THE BENEFIT**

To help you get the most out of the service we can provide an array of digital marketing, support wellness events on-site at your offices, schedule complimentary visits at local gyms and we can even look at providing the odd prize here and there for a competition. We like to be creative and are happy to work with you in order to spread the good word and we will always do everything we can to help you drive engagement.

#### **CHECKING THE COVERAGE**

We're pretty sure we'll have a great number of gyms available for your employees but we're happy to review the coverage of gyms near to your offices. If you email over your office postcodes we will put together a proximity report for your perusal.

#### WHAT HAPPENS NEXT AND WHAT WILL IT COST?

To discuss the schemes in more detail and work out what's best for your company, as well as obtaining a quote, please contact your dedicated Regional Account Manager at Co-operative Flexible Benefits. Alternatively you can contact the Customer Service Team:

#### e: info@flexiblebenefits.coop t: 08004587929



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